

Name _____ Date _____

Session 15 Assessment

A. Write the word or words that best complete each sentence.

1. During _____ we come to a greater recognition of Jesus' dying and rising throughout our lives.
2. To _____ from eating a particular food is a common practice during Lent.
3. Just as Jesus fasted in the desert, we spend the _____ days of Lent by fasting, praying, and performing charitable deeds for others.
4. Jesus calls us to _____, which is the movement of a contrite heart away from sin and toward the love of God and neighbor.
5. Saint Paul says the best way to embrace your Baptism is to imitate _____.
6. The night before he died, Jesus served his disciples by washing their feet, providing an example that we are to be humble _____ to others.
7. Jesus promised to send the Holy Spirit, the _____, to his disciples.
8. On _____ the Holy Spirit was sent from Heaven, and the Church was born.
9. The word _____ means "to suffer with another person."
10. On the first Sunday of Lent, the Gospel reading at Mass tells how Jesus was led out to the _____ for 40 days and nights.
11. Turning away from sin and changing your life to live as God wants you to live is called _____.
12. Lent is a season of preparation for Jesus Christ's Resurrection at _____ and the promise of eternal life.
13. To limit the amount of food you eat on certain days of Lent is the practice called _____.
14. The liturgical season of Lent begins on _____.
15. To offer money, possessions, time, or talent to those in need is called _____.

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B. Jesus showed us that he was a man of compassion, courage, and service. Jesus also kept his promises. Think about these qualities and provide specific examples of how Jesus showed each one. How do you show each quality in your life?

C. During Lent we empty ourselves and disconnect from the noise of the outside world. How do you follow Jesus' lead and free yourself from distractions? Make a list of things that distract you from hearing God as he tries to speak to you. Write ideas to help you remove those distractions and clear the way for Jesus.
